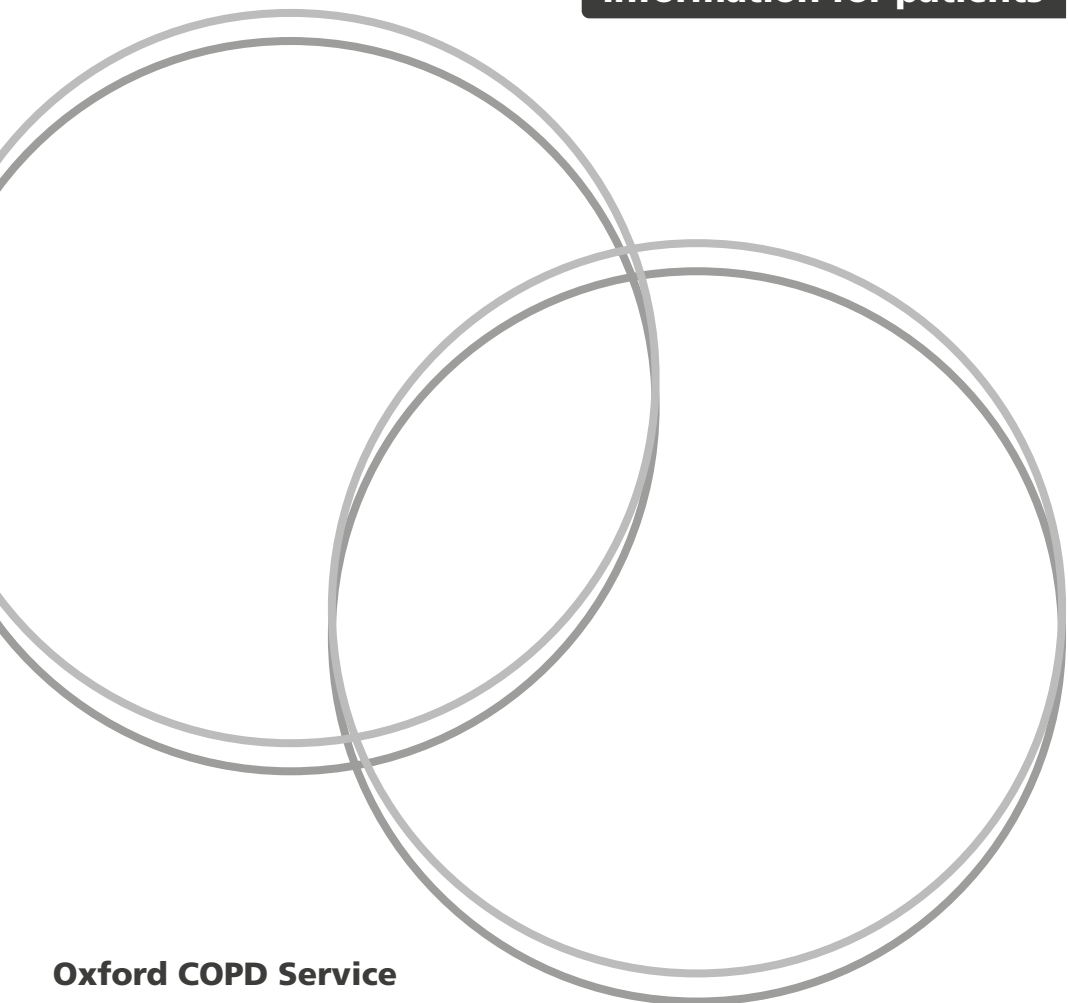




Oxford University Hospitals
NHS Foundation Trust

Oramorph 10mg /5ml Oral Solution[®]

Information for patients



Oxford COPD Service

Working in partnership:
Oxford University Hospitals NHS Foundation Trust
and Oxford Health NHS Foundation Trust

Oramorph® 10mg/5ml oral solution is liquid morphine that is taken by mouth. Morphine is normally prescribed as a strong painkiller, but it can also work to help relieve your breathlessness.

For breathlessness, this medicine is usually prescribed in low doses of 2.5mg (1.25ml) to 5mg (2.5ml) and comes as a liquid for you to swallow. It is advisable to take it 15 to 20 minutes before any activity that may make you breathless, such as washing and dressing, or for the relief of shortness of breath after it has already developed.

Most people use Oramorph® 10mg/5ml oral solution 3 to 4 times a day, but it can be used every 4 hours if you need it, to control breathlessness symptoms.

What are the most common side effects?

Oramorph® 10mg/5ml oral solution may make you feel drowsy, but this is likely to improve as you continue with the treatment. Because of this, we advise you to take the first dose before going to sleep at night and to see how you feel in the morning. If you do not feel drowsy, you can start to try using the Oramorph® 10mg/5ml oral solution during the day, when you feel you need it. If you do feel drowsy, then you should discuss this with your Doctor or Respiratory Nurse. You should also not drive when taking Oramorph® 10mg/5ml oral solution, until it is clear how drowsy it makes you feel.

Constipation is a very common side effect of taking Oramorph® 10mg/5ml oral solution. You may find that you need to take a laxative, which you can buy over the counter or discuss with your Doctor.

You may feel sick or vomit during the first 48 to 72 hours of starting this medication, but this usually improves after this time. If it continues, then you should seek advice from your Respiratory Nurse or Doctor.

Oramorph® 10mg/5ml oral solution can also cause itching of the skin. This may be helped by taking antihistamines, but you should also seek advice from your Respiratory Nurse or Doctor before taking them.

If you experience any of these side effects and they continue, despite following the advice given, please let your Doctor or Respiratory Nurse know.

Name:

DOB:

Dose: Each 5mls of Oramorph® 10mg / 5ml oral solution contains 10mg morphine. The amount of Oramorph® 10mg/5ml oral solution prescribed for you is ml.

This means your dose is mgs.

An oral syringe will make it easier for you to measure your Oramorph® 10mg/5ml oral solution. Please ask your local pharmacist for one.

How to contact us

If you have any further questions please do get in touch. Useful phone numbers are listed below.

Oxford Health Community Respiratory Nursing Team

Telephone: 01865 904 418

Oxford Centre for Respiratory Medicine

COPD Team Consultant Secretary

Telephone: 01865 225 234

Further information

If you would like an interpreter, please speak to the department where you are being seen.

Please also tell them if you would like this information in another format, such as:

- Easy Read
- large print
- braille
- audio
- electronic
- another language.

We have tried to make the information in this leaflet meet your needs. If it does not meet your individual needs or situation, please speak to your healthcare team. They are happy to help.

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Oxford University Hospitals NHS Foundation Trust
www.ouh.nhs.uk/information



Making a difference across our hospitals

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