

## **Bedrails**



Bedrails help to stop you falling out of bed.

The bedrails mean that you are safe when you move around in bed.



You can fall if you try to climb over bedrails or you can get stuck in them.





We will check that bedrails are safe for you while you are in hospital.





There are two types of bedrails used in our hospital.





A member of staff will check if bedrails are needed. The bed may be lowered to the floor instead of using bedrails.





Please ask for help when you need it. Please use the call bell.