



Oxford University Hospitals
NHS Foundation Trust

Health for Me

Secure online access to your
health record for haematology
and oncology patients



Health for Me

Health for Me is a free online system that allows you to view parts of your hospital health record securely on your computer or smartphone.

Health for Me is now available to patients at Oxford University Hospitals.

If you are having treatment in our department, or if you have had treatment with us in the past, you can register for access to Health for Me.

What can I do on Health for Me?

Health for Me allows you to have access to important information about your care all in one place. You can use it to:

- View your blood test results
- View reports about your scans and x-rays (after a 2 week period)
- View the date, time and location of your next appointment
- Download letters about your appointments (we will still send you copies in the post.)
- Download follow up letters from your doctor
- Receive messages about your care
- View information about your medicines
- Access links to other sources of information about your condition.

How do I get access?

If you choose to have access, we will ask you:

- a few questions to confirm your identity
- to answer a security question (you will need to remember this)
- for your email address, so we can send you an invitation.

When you receive your invitation email, we will ask you to confirm your identity and answer your security question. You will then be able to create a secure login for **Health for Me**.

To register for health for me, you can:

- ask at the desk in Outpatients
- email your service co-ordinator
- email Onchaemh4m@ouh.nhs.uk

It may take some time to respond to your request.

Do I have to sign up?

You do not have to sign up for this service. There will be no difference to your care if you decide not to access this service.

Health for Me does not replace any aspect of your usual care.

Who can access my information?

Only you will have access to your information. Health for Me is protected by similar security to that used with internet banking. You will have your own login details and security questions.

I am being treated in another department. Can I get Health for Me?

If you are interested in getting an account, please ask about Health for Me at your next hospital appointment.

Can I use Health for Me to message my doctor or nurse?

You cannot use Health for Me to contact your doctor or nurse directly. You should continue to use the contact details you have for enquiries about your care.

However, your doctor or nurse might use Health for Me to contact you, and you can respond to those messages.

Health for Me in the future

We will continue to develop Health for Me and introduce features that patients will find useful.

We would like to include GP records in the future, but that is not possible at present.

Oxford University Hospitals NHS Foundation Trust

The Trust comprises four hospitals:

Churchill Hospital

in Oxford

John Radcliffe Hospital

(which includes the Children's Hospital, West Wing, Eye Hospital, Heart Centre and Women's Centre), in Oxford

Nuffield Orthopaedic Centre

in Oxford

Horton General Hospital

in Banbury, north Oxfordshire

Further information

If you would like an interpreter, please speak to the department where you are being seen.

Please also tell them if you would like this information in another format, such as:

- Easy Read
- large print
- braille
- audio
- electronic
- another language.

We have tried to make the information in this leaflet meet your needs. If it does not meet your individual needs or situation, please speak to your healthcare team. They are happy to help.

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Oxford University Hospitals NHS Foundation Trust

www.ouh.nhs.uk/information



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