



Oxford University Hospitals
NHS Foundation Trust

Oxford Sarcoma Service

Information for patients

www.ouh.nhs.uk/oxfordsarcomaservice



**WE ARE
MACMILLAN.
CANCER SUPPORT**



You have been given this leaflet to help answer some of the questions you may have about your Specialist Nurse/Key Worker at the Oxford University Hospitals.

What does the Specialist Nurse /Key Worker do?

Your Specialist Nurse /Key Worker is able to offer you and your family increased levels of support, advice and guidance.

All people with cancer should have access to a Specialist Nurse / Key Worker. They are usually present with the consultant when a diagnosis is given, but if you are unsure if you have met your Specialist Nurse /Key Worker please feel free to ask your consultant or contact the Specialist Nurse team.

The Specialist Nurse /Key Worker works closely with hospital nurses, doctors and other healthcare professionals, to help you maximise your independence, dignity and quality of life. They also work closely with community carers and GPs, to make sure you have the highest quality of care at home, if needed.

You will see the Specialist Nurse /Key Worker at your outpatient appointments, and during your inpatient stay.

The specialist nurses can be contacted either by telephone or email – 8am to 4pm, Monday to Friday (excluding bank holidays).

Unfortunately there is no emergency service. If you are at home and need help urgently, please contact your GP or NHS 111 (dial 111 free from any landline or mobile). If you are in hospital, please speak to one of the nurses on the ward.

What can the Specialist Nurse /Key Worker offer?

- A contact point, at any stage.
- Advice and support for you, your relatives, carers and friends.
- Help with physical symptoms such as pain, nausea and fatigue.
- Advice about your surgery and treatment.
- Advice on homecare, if required.
- Information about your illness.
- Someone to talk to about worries or problems.
- Advice on relationship and fertility problems.
- Advice and help on how to manage financial problems.

Contact details

Email: sarcomaspecialistnurses@oxnet.nhs.uk

Telephone: 01865 738 282 / 01865 227 808 / 01865 225 393

Other useful contacts

It is essential that you attend your appointments to ensure you are followed up appropriately.

If you are unsure of when your next appointment should be, have not received an appointment or are unable attend please contact the appropriate team who will be able to assist. The contact details are as follows:

Sarcoma orthopaedic appointments

Telephone: 01865 738 061

Sarcoma oncology appointments

Telephone: 01865 235 185

If you are unsure of who to contact or the team you require is not listed please contact the specialist nurse team who will be able to assist you.

Macmillan Cancer Support

Telephone: 0808 808 00 00

Website: www.macmillan.org.uk

Sarcoma UK

Telephone: 0808 801 0401

Website: www.sarcoma.org.uk

Bone Cancer Research Trust

Telephone: 0800 111 4855

Website: www.bcrtr.org.uk

Maggie's Centre Oxford

Telephone: 01865 751 882

Website: www.maggiescentres.org

GIST UK

Telephone: 0300 400 0000

Website: www.gistcancer.org.uk

Further information

If you would like an interpreter, please speak to the department where you are being seen.

Please also tell them if you would like this information in another format, such as:

- Easy Read
- large print
- braille
- audio
- electronic
- another language.

We have tried to make the information in this leaflet meet your needs. If it does not meet your individual needs or situation, please speak to your healthcare team. They are happy to help.

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Oxford University Hospitals NHS Foundation Trust
www.ouh.nhs.uk/information



Making a difference across our hospitals

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