



Oxford University Hospitals
NHS Foundation Trust

Oxford Sarcoma Service

Information for patients

www.ouh.nhs.uk/oxfordsarcomaservice



**WE ARE
MACMILLAN.
CANCER SUPPORT**



You have been given this leaflet to help answer some of the questions you may have about your Specialist Nurse/Key Worker at the Nuffield Orthopaedic Centre.

What does the Specialist Nurse/Key Worker do?

Your Specialist Nurse/Key Worker is able to offer you and your family increased levels of support, advice and guidance.

All people with cancer should have access to a Specialist Nurse/Key Worker. They are usually present with the consultant when a diagnosis is given, but if you are unsure if you have seen one or not please feel free to ask your consultant.

The Specialist Nurse/Key Worker works closely with hospital nurses, doctors and other healthcare professionals, to help you maximise your independence, dignity and quality of life. They also work closely with community carers and GPs, to make sure you have the highest quality of care at home, if needed.

You will see the Specialist Nurse/Key Worker at your outpatient appointments, and during your inpatient stay for any surgery.

Your Specialist Nurse/Key Worker can be contacted either by telephone or bleep from 7.30am until 3.30pm, Monday to Friday.

Unfortunately there is no emergency service. If you are at home and need help urgently, please contact your GP or NHS 111 (dial 111 free from any landline or mobile). If you are in hospital, please speak to one of the nurses on the ward.

What can the Specialist Nurse/Key Worker offer?

Your Specialist Nurse/Key Worker can provide:

- a contact point, at any stage
- advice and support for you, your relatives, carers and friends
- help with physical symptoms such as pain, nausea and fatigue
- advice about your surgery and treatment
- advice on homecare, if required
- information about your illness
- someone to talk to about worries or problems
- advice on relationship and fertility problems
- advice and help on how to manage financial problems.

Contact details

Mrs Vicky Wren Senior Specialist Nurse – Sarcoma
Tel: 01865 738 282
Email: vicky.wren@ouh.nhs.uk
Bleep: 7173

Ms Millie Okello Specialist Nurse – Sarcoma
Tel: 01865 227 808
Email: mildred.okello@ouh.nhs.uk
Bleep: 7170

Address: Nuffield Orthopaedic Centre
Windmill Road, Headington
Oxford OX3 7HE

Hospital switchboard: 0300 304 7777

Other useful contacts

Macmillan Cancer Support

Tel: 0808 808 2020

Website: www.macmillan.org.uk

Sarcoma UK

Tel: 0808 801 0401

Website: www.sarcoma.org.uk

Bone Cancer Research Trust

Tel: 0113 258 5934

Website: www.bcrct.org.uk

Maggie's Centre Oxford

Tel: 01865 225 690

Website: www.maggiescentres.org

If you have a specific requirement, need an interpreter, a document in Easy Read, another language, large print, Braille or audio version, please call **01865 221 473** or email **PALS@ouh.nhs.uk**

February 2018

Review: February 2021

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