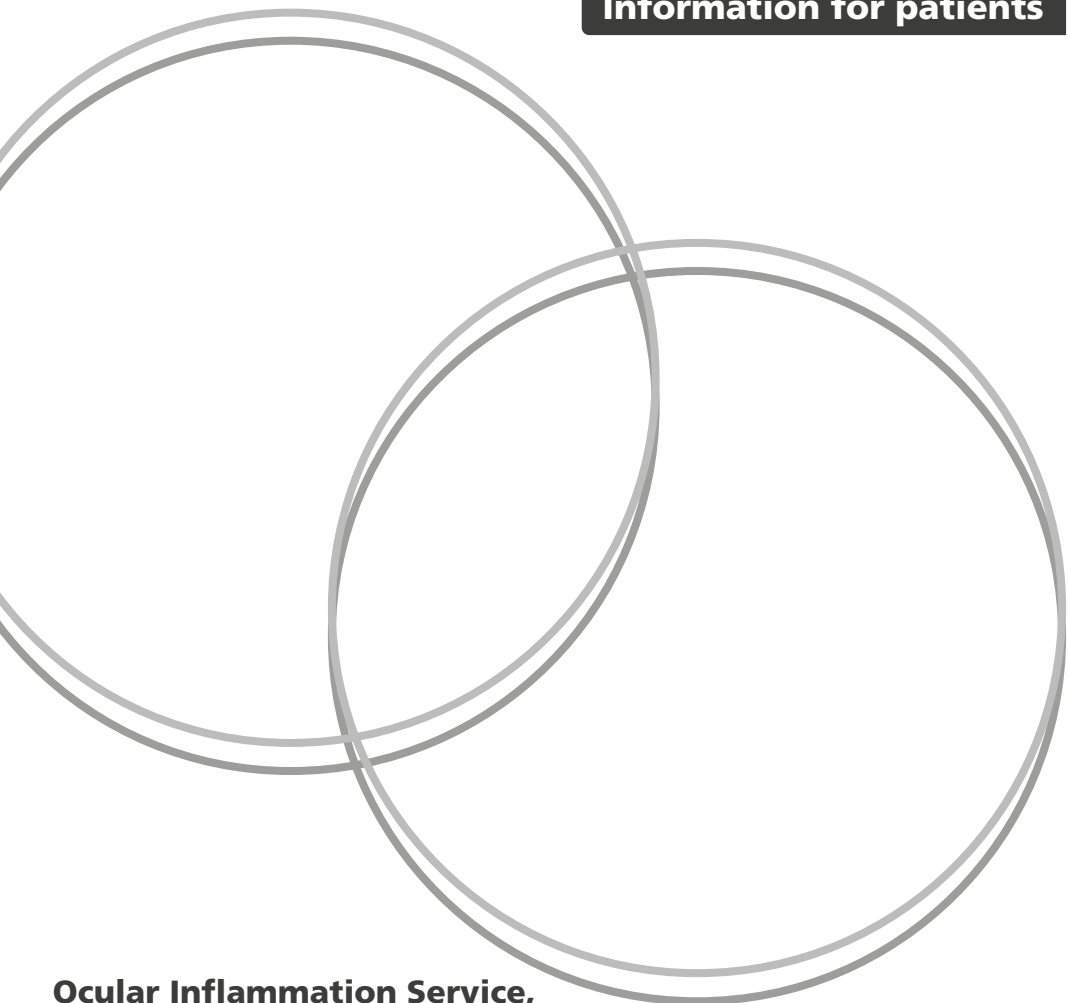




Oxford University Hospitals  
NHS Foundation Trust

# Uveitis Care: Looking after your eyes after leaving hospital

Information for patients



Ocular Inflammation Service,  
Oxford Eye Hospital

This leaflet gives you important information about your eye care. You are being discharged from on-going uveitis care at the Oxford Eye Hospital. In the future, your eye inflammation (uveitis) will be checked by specialist eye doctors at your local hospital.

## **What does 'discharged' mean?**

You have been discharged from the specialist care you receive from the Oxford Eye Hospital. This means that you will receive no further follow-up appointments relating to your uveitis at Oxford Eye Hospital unless you are referred back to us.

A letter explaining this discharge decision will be sent to your GP. A copy will also be sent to you, for your information.

## **Why have I been discharged?**

You have been discharged for one of two reasons:

1. The inflammation (uveitis) has completely recovered.
2. The inflammation (uveitis) is now stable and under good control and can be safely monitored by another hospital.

## **Will I receive any follow-up care in a local eye unit?**

If your condition has completely recovered, you will not need any further planned appointments at a local eye unit. If you do experience further symptoms or problems, you should visit your GP or follow the instructions in this leaflet on 'What should I do if my uveitis flares up'.

If you have any problems with your condition at any time, please contact the Oxford Eye Hospital and follow the instructions on 'What should I do if my uveitis flares up?'.

## What should I do if my uveitis flares up?

Uveitis is a recurrent condition (can return), so it is possible that it could flare up again. The main symptoms of uveitis include:

- sensitivity to light
- blurred vision
- eye pain
- increased number of floaters.

If you experience any of these symptoms, please visit your GP, your local Accident and Emergency (A and E) department or call our Eye Casualty telephone triage line. You will be able to speak to an ophthalmic health professional who will advise you.

Once you have been reviewed, we will decide if you need further follow-up care and will arrange this for you, if necessary.

## Additional information

If you have any further questions or need advice about your treatment, speak to your GP or your eye doctor at the Oxford Eye Hospital.

You can contact us on:

Email: [oeu.uveitis@nhs.net](mailto:oeu.uveitis@nhs.net)

(note this not for emergency use)

## How to contact us

### **Oxford Eye Hospital**

Telephone: **01865 234 567**

Monday to Friday, 08.30 to 4.30pm

For non urgent queries

Email: [oeu.uveitis@ouh.nhs](mailto:oeu.uveitis@ouh.nhs)

### **Eye Casualty Telephone Triage**

If you have an eye emergency, please do not come to Oxford Eye Hospital straightaway.

### **Call our specialised telephone triage number.**

Telephone: **01865 234 567** option 1 followed by option 1

Monday to Friday, 8.30am to 4.30pm

Saturday and Sunday, 8.30am to 3.30pm

(including Bank Holidays)

You will be able to speak to an ophthalmic health professional who will advise you.

If you need advice out of hours, please phone NHS 111 or your out of hours GP practice.





## Further information

If you would like an interpreter, please speak to the department where you are being seen.

Please also tell them if you would like this information in another format, such as:

- Easy Read
- large print
- braille
- audio
- electronic
- another language.

We have tried to make the information in this leaflet meet your needs. If it does not meet your individual needs or situation, please speak to your healthcare team. They are happy to help.

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Oxford University Hospitals NHS Foundation Trust  
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