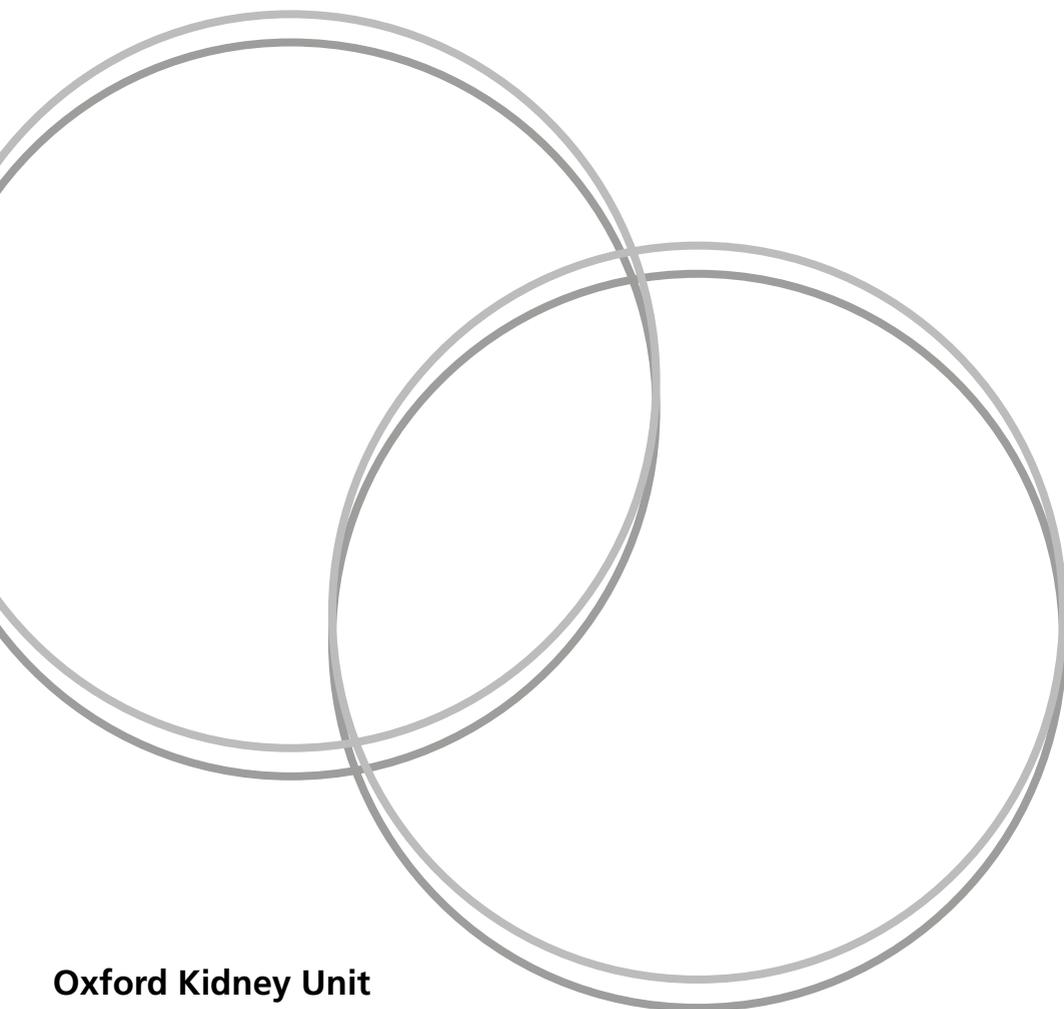




Oxford University Hospitals  
NHS Foundation Trust

# Renal Anaemia Specialist Nurses

Information for patients



Oxford Kidney Unit

# Why have I been referred to the Renal Anaemia Specialist Nurse?

Renal Anaemia Specialist Nurses work alongside your kidney doctor to manage your anaemia symptoms. We usually (but not always) look after people who have anaemia related to a kidney problem.

Symptoms of anaemia may include:

- tiredness
- lethargy
- feeling the cold.

## Our role

We may see you in clinic, or may telephone you to arrange to see you at a later date.

Most people are referred because they need medication to treat their symptoms. We are here to explain your individual needs and to help you get the right medication.

The most common treatments are:

- iron injections (usually given at your local renal unit)
- erythropoietin injections (usually given at home).

A blood test will show us which treatment you need, and we will spend time explaining what this will be.

# Our aims

We aim to be a single point of contact for this part of your care. You will have a named nurse, to ensure that they know about your individual needs. We work as a team, so if one of us is away there will always be another nurse who can access your records and help you.

We aim to deliver the highest possible standard of care. Please remember you can always contact us if you have any questions or concerns.

Telephone: .....

Email: .....

# Useful information

## **Kidney Care UK**

This website offers information and support to kidney patients and their relatives.

Website: [www.kidneycareuk.org/about-kidney-health/conditions/anaemia/](http://www.kidneycareuk.org/about-kidney-health/conditions/anaemia/)

## **Oxford Kidney Unit**

This website has information about the Oxford Kidney Unit for patients and their relatives.

Website: [www.ouh.nhs.uk/oku](http://www.ouh.nhs.uk/oku)

If you need an interpreter or would like this information leaflet in another format, such as Easy Read, large print, Braille, audio, electronically or another language, please speak to the department where you are being seen. You will find their contact details on your appointment letter.

*Making a difference across our hospitals*

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